



**SPORT  
& SPINE**  
PHYSIOTHERAPY  
& REHABILITATION\*

December 20, 2007

To: Whom it may concern,

From: Cliff Fowler PT, FCAMT

Re: **Coreshorts**

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I am writing this letter to support the benefits of Coreshorts in assisting with functional pelvic stability and injury recovery of low back, pelvic and hip injuries. I have been an accredited manual Physiotherapist since 1970 and have been the chief examiner for the Canadian Orthopaedic manual therapy levels 6 times over the past 20 years. I have also authored papers and chapters in books (Orthopaedic Manual Therapy by Greg Grieve) on the assessment and treatment of the sacro-iliac joint. I have personally referred over 25 of my clients to purchase either the “Pro” or “Rehab” version of Coreshorts to assist in their recovery.

Coreshorts is anatomically correct. They provide compression similar to a sacro-iliac joint belt to improve pelvic stability and also provide functional stability and motion control to the hips and legs. Therapists must treat the low back, pelvis and hip as a functional complex and Coreshorts is the only stabilization system that improves all three areas.

Coreshorts has been effective in assisting clients with L 4/5 and L5/S1 stabilization (disc injuries), sacro-iliac joint sprains, osteitis pubis and hip sprains. I have found Coreshorts to provide the best stabilization support system for the pelvis to assist in a safer early return to work and functional activities. They are much more effective and user friendly than a sacro-iliac joint belt. They can be worn for work and activities of daily living which has helped many Post Partum mothers function with new babies.

Coreshorts is a new product that makes a difference and I am pleased to provide my professional support and firmly believe that the recovery benefits warrant them to be an extended health product.

Please do not hesitate to contact me at 604-854-3545 (W)

Sincerely,

*Cliff Fowler*

Cliff Fowler PT, FCAMT